



Australian Government
Department of Health and Ageing



Australia and New Zealand Horizon Scanning Network

ANZHSN

AN INITIATIVE OF THE NATIONAL, STATE AND
TERRITORY GOVERNMENTS OF AUSTRALIA
AND THE GOVERNMENT OF NEW ZEALAND

National Horizon Scanning Unit

Horizon scanning prioritising summary

Volume 1, Number 8:

**Artificial intervertebral disc: For the
replacement of degenerative lumbar or
cervical discs in patients suffering
disabling, chronic pain.**

November 2003



© Commonwealth of Australia 2005

This work is copyright. You may download, display, print and reproduce this material in unaltered form only (retaining this notice) for your personal, non-commercial use or use within your organisation. Apart from any use as permitted under the Copyright Act 1968, all other rights are reserved. Requests and inquiries concerning reproduction and rights should be addressed to Commonwealth Copyright Administration, Attorney General's Department, Robert Garran Offices, National Circuit, Canberra ACT 2600 or posted at <http://www.ag.gov.au/cca>

Electronic copies can be obtained from <http://www.horizonscanning.gov.au>

Enquiries about the content of these summaries should be directed to:

HealthPACT Secretariat
Department of Health and Ageing
MDP 106
GPO Box 9848
Canberra ACT 2606
AUSTRALIA

DISCLAIMER: These summaries are based on information available at the time of research and cannot be expected to cover any developments arising from subsequent improvements to health technologies. These summaries are based on a limited literature search and are not a definitive statement on the safety, effectiveness or cost-effectiveness of the health technology covered.

The Commonwealth does not guarantee the accuracy, currency or completeness of the information in these summaries. These summaries are not intended to be used as medical advice and are not intended to be used to diagnose, treat, cure or prevent any disease, nor should they be used for therapeutic purposes or as a substitute for a health professional's advice. The Commonwealth does not accept any liability for any injury, loss or damage incurred by use of or reliance on the information.

The production of these *Horizon scanning prioritising summaries* was overseen by the Health Policy Advisory Committee on Technology (HealthPACT), a sub-committee of the Medical Services Advisory Committee (MSAC). HealthPACT comprises representatives from health departments in all states and territories, the Australia and New Zealand governments; MSAC and ASERNIP-S. The Australian Health Ministers' Advisory Council (AHMAC) supports HealthPACT through funding.

These Horizon scanning prioritising summaries were prepared by Linda Mundy and Tracy Merlin from the National Horizon Scanning Unit, Adelaide Health Technology Assessment, Department of Public Health, Mail Drop 511, University of Adelaide, South Australia, 5005.

PRIORITISING SUMMARY

REGISTER ID: 0000014

NAME OF TECHNOLOGY: ARTIFICIAL INVERTEBRAL DISC

PURPOSE AND TARGET GROUP: REPLACEMENT OF DEGENERATIVE LUMBAR OR CERVICAL DISCS IN PATIENTS SUFFERING DISABLING, CHRONIC PAIN

STAGE OF DEVELOPMENT (IN AUSTRALIA):

- | | |
|---|---|
| <input type="checkbox"/> Yet to emerge | <input type="checkbox"/> Established |
| <input type="checkbox"/> Experimental | <input type="checkbox"/> Established <i>but</i> changed indication or modification of technique |
| <input checked="" type="checkbox"/> Investigational | <input type="checkbox"/> Should be taken out of use |
| <input type="checkbox"/> Nearly established | |

AUSTRALIAN THERAPEUTIC GOODS ADMINISTRATION APPROVAL

- | | | |
|---|---|--------------|
| <input checked="" type="checkbox"/> Yes | ARTG number | 40374, 90217 |
| <input type="checkbox"/> No | <input type="checkbox"/> Not applicable | |

INTERNATIONAL UTILISATION:

COUNTRY	LEVEL OF USE		
	Trials Underway or Completed	Limited Use	Widely Diffused
USA, RCT (SB Charite III)	✓		
Korea, Case series	✓		
USA, Case series (SB Charite III)	✓		
Germany, Case series (SB Charite III)	✓		
USA, RCT (ProDisc)	✓		
France, Case series (ProDisc)	✓		

IMPACT SUMMARY:

Several companies are marketing artificial intervertebral prostheses with the aim of replacing degenerate lumbar or cervical discs. These companies include Taylor Bryant P/L (ProDisc®), Medtronic Sofamor Danek Aust Pty Ltd (Bryan and Prestige cervical disc systems) and Waldemar Link GmbH and Co (SB Charité III). None of these devices have FDA approval. Two devices have TGA approval in Australia:

- The artificial cervical disc system (product ID:162167, Orthopedic Internal Fixation Systems, Spinal) sponsored by Medtronic Sofamor Danek Aust Pty Ltd (ARTG Number: 40374)
- Prodisc (various sizes) (Product ID: 160268, Orthopedic Internal Fixation Systems, Spinal) sponsored by Taylor Bryant P/L (ARTG Number: 90217).

An artificial disc consists of two endplates made from cobalt chromium alloy, coated with titanium. The endplates attach to the vertebral body by anchoring teeth. A polyethylene sliding core is placed between the endplates and acts as a cushion, mimicking normal physiological movement. The prostheses are contraindicated in patients with osteoporosis, osteopenia, joint ankylosis and greater than Grade 1 spondylolisthesis. Complications that

may be associated with artificial disc replacement are breakage of the metal plate, dislocation of the implant and infection.

Delamarter et al (2003) conducted a randomised controlled trial (RCT), with 35 patients randomised to have the ProDisc prosthesis implanted and 18 patients randomised to conventional fusion surgery. At six months follow-up, disc replacement patients reported a significant reduction in pain and disability ($p < 0.05$) when compared to the patients who had undergone fusion surgery, however the relative improvement on the Visual Analogue Scale was the same for both groups. Greater motion at L4-L5 was reported for disc replacement patients ($p < 0.05$).

McAfee et al (2003) conducted an RCT, with 41 patients randomised to have the SB Charite III prosthesis implanted and 19 patients randomised to conventional fusion therapy. At a mean of two years follow-up, disc replacement patients had an Oswestry Disability Index (ODI) before surgery of 50.0 ± 14.3 and 25.0 ± 20.1 post-surgery ($p < 0.001$). Conventional fusion patients had an ODI of 45.9 ± 10.4 before surgery and 23.5 ± 17.2 after surgery ($p < 0.001$), indicating that the two procedures are comparable.

It is difficult to estimate the current clinical need in Australia for this procedure, as indicated patients may include those unable to undergo conventional surgery such as spinal fusion, discectomy or spinal bone graft, as well as patients who are currently managed by non-operative strategies such as medication and physiotherapy for pain relief.

The number of claims processed by the HIC for MBS item numbers 48639-48640 (discectomy), 48642-48651 (spinal bone graft) and 48654-48675 (spinal fusion) were 208, 1,611 and 1,192 respectively, for the period July 2002 – June 2003.

CONCLUSION:

Level II and Level IV evidence indicates that the implantation of artificial vertebral discs appears to be of potential benefit. Several trials are ongoing in the United States and Europe. At completion of these trials it is expected that this technology will diffuse into the Australian health system, given that the TGA has approved two of these devices.

HEALTHPACT ACTION:

Therefore it is recommended that this technology be referred to MSAC for a full HTA.

SOURCES OF FURTHER INFORMATION:

Blumenthal, S. L., Ohnmeiss, D. D. et al (2002). 'Artificial intervertebral discs and beyond: a North American Spine Society Annual Meeting symposium', *Spine J*, 2 (6), 460-463.

Buttner-Janzen, K., Hahn, S. et al (2002). '[Basic principles of successful implantation of the SB Charite model LINK intervertebral disk endoprosthesis]', *Orthopade*, 31 (5), 441-453.

Delamarter, R. B., Fribourg, D. M. et al (2003). 'ProDisc Artificial Total Lumbar Disc Replacement: Introduction and Early Results From the United States Clinical Trial', *Spine*, 28 (20), S167-175.

Hochschuler, S. H., Ohnmeiss, D. D. et al (2002). 'Artificial disc: preliminary results of a prospective study in the United States', *Eur Spine J*, 11 (Suppl 2), S106-110.

Hopf, C., Heeckt, H. & Beske, C. (2002). '[Disc replacement with the SB Charite endoprosthesis - experience, preliminary results and comments after 35 prospectively performed operations]', *Z Orthop Ihre Grenzgeb*, 140 (5), 485-491.

Husson, J. L., Korge, A. et al (2003). 'A memory coiling spiral as nucleus pulposus prosthesis: concept, specifications, bench testing, and first clinical results', *J Spinal Disord Tech*, 16 (4), 405-411.

- Kim, W. J., Lee, S. H. et al (2003). 'Treatment of juxtafusal degeneration with artificial disc replacement (ADR): preliminary results of an ongoing prospective study', *J Spinal Disord Tech*, 16 (4), 390-397.
- Kotani, Y., Abumi, K. et al (2002). 'Artificial intervertebral disc replacement using bioactive three-dimensional fabric: design, development, and preliminary animal study', *Spine*, 27 (9), 929-935; discussion 935-926.
- McAfee, P. C., Cunningham, B. W. et al (2003a). 'Analysis of porous ingrowth in intervertebral disc prostheses: a nonhuman primate model', *Spine*, 28 (4), 332-340.
- McAfee, P. C., Fedder, I. L. et al (2003b). 'Experimental Design of Total Disk Replacement-Experience with a Prospective Randomized Study of the SB Charite', *Spine*, 28 (20), S153-162.
- McAfee, P. C., Fedder, I. L. et al (2003c). 'SB Charite disc replacement: report of 60 prospective randomized cases in a US center', *J Spinal Disord Tech*, 16 (4), 424-433.
- Takahata, M., Kotani, Y. et al (2003). 'Bone ingrowth fixation of artificial intervertebral disc consisting of bioceramic-coated three-dimensional fabric', *Spine*, 28 (7), 637-644; discussion 644.
- Tropiano, P., Huang, R. C. et al (2003). 'Lumbar disc replacement: preliminary results with ProDisc II after a minimum follow-up period of 1 year', *J Spinal Disord Tech*, 16 (4), 362-368.
- van Ooij, A., Oner, F. C. & Verbout, A. J. (2003). 'Complications of artificial disc replacement: a report of 27 patients with the SB Charite disc', *J Spinal Disord Tech*, 16 (4), 369-383.
- Wigfield, C. C., Gill, S. S. et al (2002). 'The new Frenchay artificial cervical joint: results from a two-year pilot study', *Spine*, 27 (22), 2446-2452.

SEARCH CRITERIA TO BE USED:

Arthroplasty, Replacement/*instrumentation/methods
 MH - Back Pain/diagnosis/etiology/surgery
 Intervertebral Disk Displacement/complications/*diagnosis/*surgery
 Intervertebral Disk/radiography/surgery
 *Joint Prosthesis
 Lumbar Vertebrae/*surgery
 Pain Measurement/methods
 Spinal Fusion/methods
 Spinal Osteophytosis/complications/*diagnosis/*surgery
 Arthroplasty, Replacement/*instrumentation/methods
 Back Pain/etiology/surgery
 Prosthesis Design